

The background is a solid dark blue color. It is decorated with various hand-drawn, colorful shapes and lines. In the top left, there are green scribbles. At the top center, there is a yellow square with a blue outline. To the right of that, there is a blue square. In the top right corner, there is a blue square. On the left side, there is a yellow square with a blue outline. On the right side, there is a yellow circle with a red square below it. At the bottom left, there is a green square. At the bottom center, there is a blue square. At the bottom right, there is a red square. There are also some green scribbles at the bottom right.

School Re-entry for School Counselors: *Middle School Edition*

SANDI LOGAN-MCKIBBEN, PHD, NCC, NCSC, ACS, BC-TMH
JEANNIE MADDOX, M.ED.

Agenda

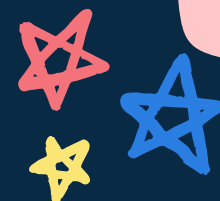
- INTRO
- REVIEW OF CURRENT CHALLENGES
- 3 MUST-DO'S
- 3 DON'T DO'S
- BREAK OUT
- SELF-CARE
- CLOSING REMARKS



HELLO

Who do we have in the room
today?

use the chat to say hello and what
school district you are from?





Are you ready to go back to school?

HOW PREPARED DO YOU FEEL FOR RETURNING TO CAMPUS?

1= NOT AT ALL PREPARED

5= COMPLETELY PREPARED

Introductions: Jeannie Maddox, M.Ed.

- ✿ Former elementary counselor and adjunct counselor educator
- ✿ Current School Counselor at a Title I suburban middle school in Volusia County, Florida (Daytona Beach area)
- ✿ Average caseload: 400 each (1 school/2 school counselors)
- ✿ Current Board Member of Florida School Counselor Association

Introductions: Sandi Logan-McKibben, PhD, NCC, NCSC, ACS, BC-TMH

- * Former School Counselor in Southern California
- * Average caseload: 1,200 (split between 2 schools)
- * 1st School Counselor at both of my schools (no job description or CSCP in place)
- * Former President of Orange County Chapter of CASC



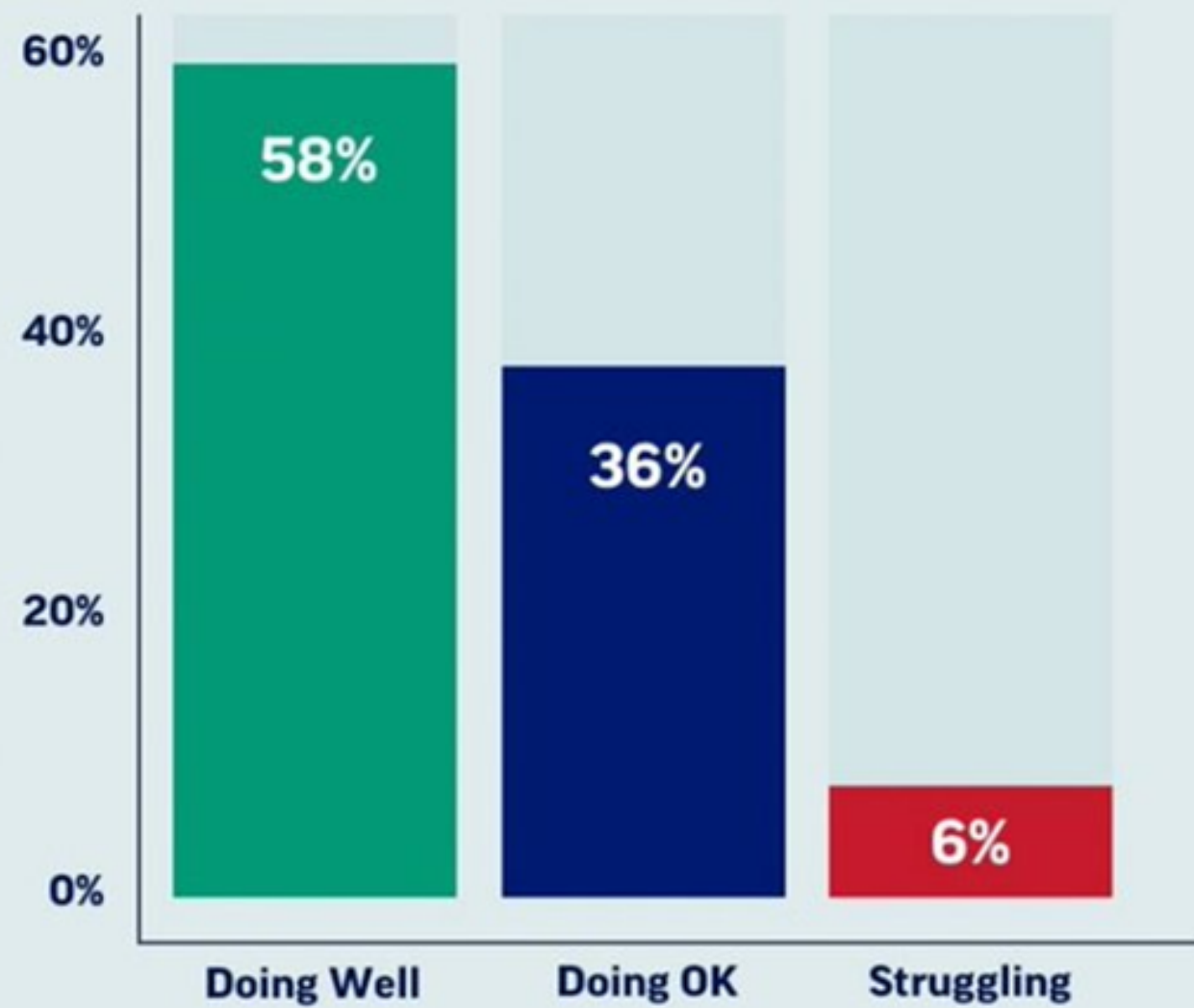
Challenges Returning to School

- Feelings of disconnection/isolation & being overwhelmed or nervous (students & staff)
- Academic progress or lack thereof may be difficult to ascertain
- NO ONE has all the answers or necessary info; the situation remains fluid
- Will need to build new systems/protocols for operations and communications
- At risk of being utilized in non-counseling responsibilities

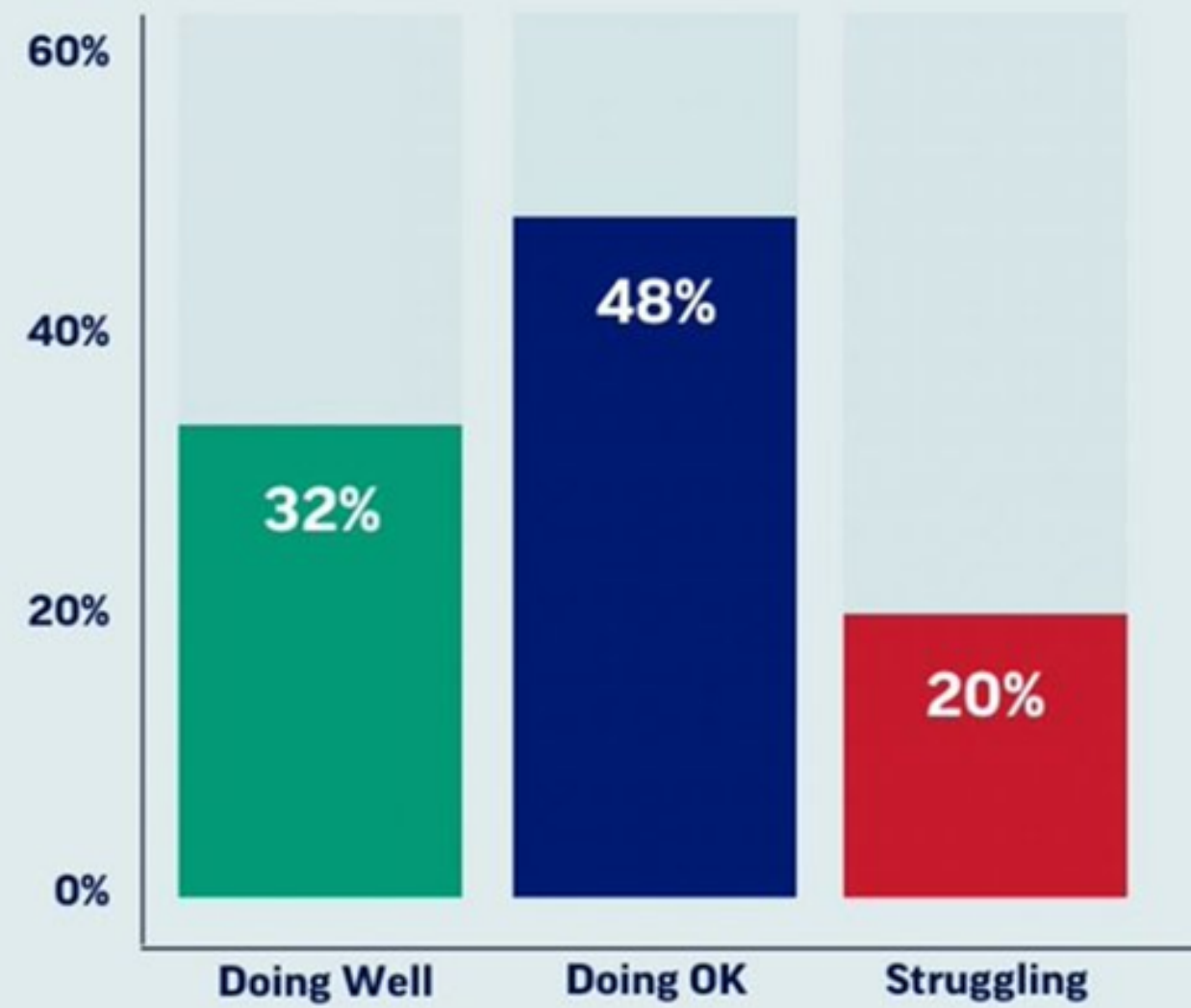


Students report significant academic decline since COVID

BEFORE THE PANDEMIC

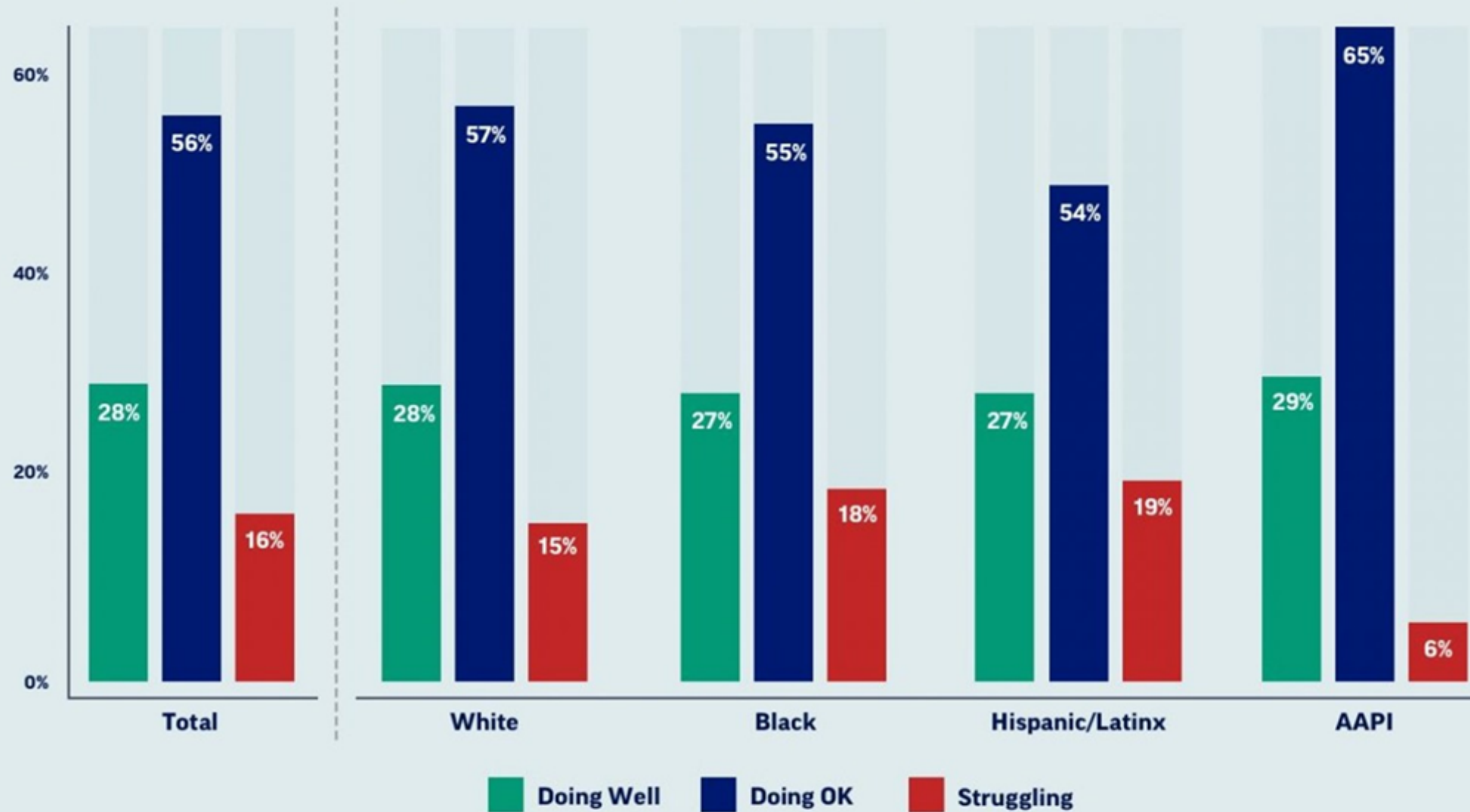


CURRENTLY

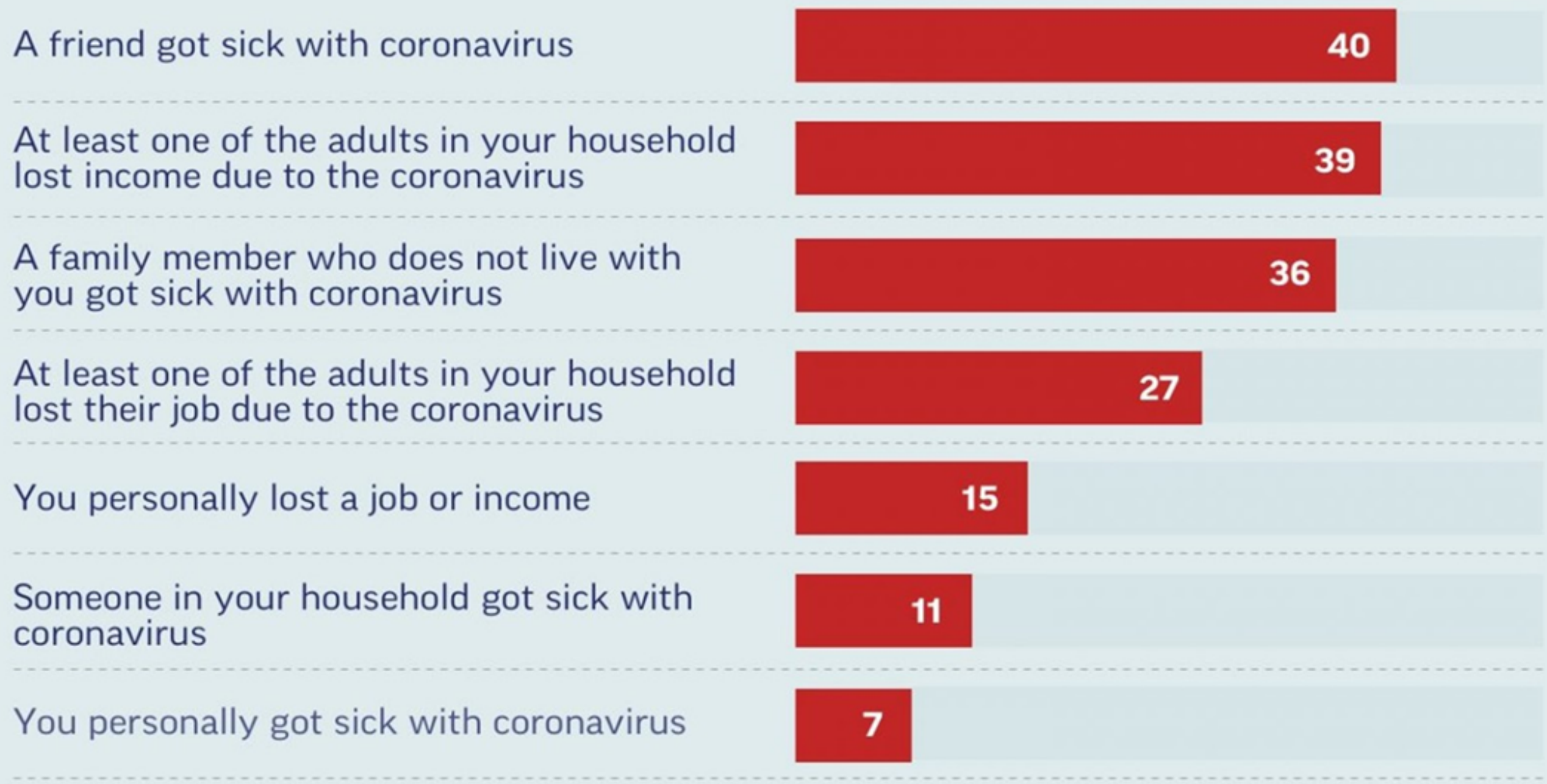


Most students 'doing OK'

Black and Hispanic/Latinx students are most likely to struggle.



4 in 10 know someone who got sick; suffer from financial hardship



Lessons Learned



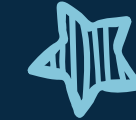
UNFOUNDED FEARS

- School Transmission
- Counseling in masks



NEW PROCEDURES

- Masks, cleaning, social distance
- Inform
- Practice
- Enforce



DO WHAT LOOKS LIKE NORMAL

- Daily Announcements
- Daily SEL
- Meet with students



WHAT IS A "HAVE TO", WHAT CAN YOU LET GO?

- Prioritize!
- Student meetings
- Classroom visits
- Minute Meetings
- Parent meetings
- Phone calls



COUNSELOR FORMS

- Students and parents
- QR codes (QRstuff.com)
- Documentation for phone calls and student services



ATTENDANCE

- Tracking who's where, virtual, hybrid, home ed
- Document!

3 Must-do's

FOR STUDENTS

- Orient the 6th graders and newbies!!!
- Does everyone know school expectations, rules, how to contact you?

FOR TEACHERS

- Establish procedures for referrals and meetings


FOR YOU

- Create and stick to your boundaries!



3 things you should refrain from doing:


BUSINESS AS USUAL

- Refrain from assuming that school is business as usual
 - How much school is left?
 - What NEEDS doing?
- 

HAVING ALL THE ANSWERS

- Refrain from feeling that you or anyone else have all the answers, remember to give yourself grace and collaborate!

WORKING IN ISOLATION

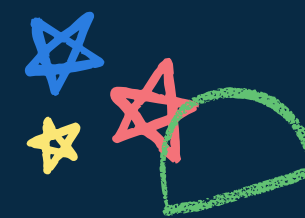
- Refrain from working "solo."
 - "It takes a village"
 - Be a team player but not at the expense of your own responsibilities
- 



Group Discussion

Identify one of the **MUST DO's** that you will return to your school committing to do.

What barriers might you need to consider? Who are your allies that can support your efforts?

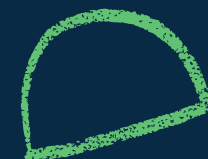


Takeaway(s)

1. Collaboration & Communication are key.
2. Having an "I can, I will" mindset is helpful.
3. Operate with a sense of establishing NEW norms; not just the status quo.
4. You can't do ALL THE THINGS; give yourself/others grace.
5. Student well-being should be at the forefront of all that you do.



**Send yourself an
email RIGHT
NOW... about your
commitment!**



Self-care



SCHEDULING BREAKS

Build-in time into your schedule for some "breathers"



JOY

Make sure that you are doing things personally and professionally that bring you joy



TEND TO YOUR PERSONAL NEEDS

- Fitness
- Nutrition
- Personal relationships
- Hobbies
- Music

Q & A

What questions do you have?



How can we be of assistance and support to your school
re-entry?



Resources

ASCA Virtual School Counseling Resources

Planning for Uncertainty: An Educator's Guide to Navigating the COVID-19 ERA

1-Dialogue with stakeholders, 2-Consider your school climate, 3-Apply an equity lens

The Role of SEL in Reintegrating to In-Person Learning: 6 Tenets to Guide Your Transition

1. Educator resilience must come first.
2. Check-in one students' SL and well-being--early and often.
3. Build & strengthen Tier 1 SEL supports.
4. Every child deserves individualized support from a caring adult.
5. Help students heal & cope through trauma-response SEL.
6. Partner with caregivers & community organizations to smooth the transition for students.

Feel free to get in touch

Dr. Sandi Logan-McKibben

Email: slogan@fiu.edu

Twitter: [@SandraLoganPhD](https://twitter.com/SandraLoganPhD)

Jeannie Maddox

Email: maddox@fla-schoolcounselor.org

Twitter: [@ExploringSchC](https://twitter.com/ExploringSchC)

Resources: <https://bit.ly/2QeLet4>

